



"When I called Aviva, I don't remember what I said but I remember your response was one of action. You didn't see a girl scared, you saw a need of safety and you stepped up."

"You helped me realise that I am worth saving."

-Abby\* Adults Services Client

## Who is Aviva?

Aviva is a Canterbury-based specialist family and sexual violence support agency. We are available 24/7 to provide advice, advocacy and support to people overcoming the enduring harms of family and sexual violence.

## Who does Aviva support?

Aviva supports people of all ages, genders, sexualities, ethnicities, and experiences of violence.

Every year, Aviva responds to over 4000 calls and supports over 1200 people across Canterbury.

## Help us Break the Cycle

By donating to Aviva, you are helping pave the way to a violence-free future for thousands of tamariki and whānau.

You can also contribute by:

- making a one-off or regular donation;
- setting up payroll giving at your place of work;
- holding a fundraiser;
- joining an Aviva-led fundraiser;
- donating food or toiletries.

**Go to [aviva.org.nz](https://aviva.org.nz) to make a contribution. For more information, contact [community@aviva.org.nz](mailto:community@aviva.org.nz) or 0800 AVIVA NOW (0800 28482 669).**

\*Not their real names.

LEAVE A BEQUEST



 **aviva**  
live free from violence

Once your loved ones have been provided for, leaving a bequest in your will is one of the most generous gifts you can make.

Most of us want to make the world a better place, particularly for those who will inherit a society they did not create. Sometimes working out how to make that difference seems too overwhelming to contemplate, but leaving a bequest in a will is an easy way for some of us to help future New Zealanders.

By choosing to leave a bequest to Aviva, you are choosing to leave a legacy of support for a violence-free Aotearoa.

## Types of Bequests

- **Residual Bequest** - the remainder of your estate after other bequests have been paid. Many find this the simplest way to support us after provisions have been made to their loved ones.
- **General Bequest** - a fixed sum of money or percentage of the total value of your estate. Solicitors advise you review fixed sums regularly to account for inflation.
- **Specific Bequest** - a gift of a particular piece of property (e.g. house, furniture, jewellery). We recommend contacting us ahead of making this type of bequest, to discuss how such a gift may be utilised or transferred.

**"My whole vibe has changed from the inside out... even my walk has changed. Life is peaceful; I'm the happiest I've ever been in my entire life."**

**-Manaaki\*** ReachOut Client

We recommend contacting a solicitor for expert advice. You will need to know our:

### Official legal name

Aviva (incorporating Christchurch Women's Refuge) Charitable Trust

### Charity Number

CC53151

### Address

The Loft, Level 1,  
Eastgate Shopping Centre  
PO Box 24 161, City East  
Christchurch 8141

Aviva's work can and has changed over time. To ensure we are able to use your gift to support future services and those in need, we recommend your gift remain unspecific and available for overall services.

**For more information or to discuss specific wishes, contact [community@aviva.org.nz](mailto:community@aviva.org.nz) or 0800 28482 669.**

*"I'd come face to face with the results of domestic abuse while working in family law and in women's health. [...] I believe that the assistance provided by organisations such as Aviva will continue to be required for many years to come, and as such, Aviva is a worthy recipient of a bequest."*  
-Fran\* Aviva Bequester

